


CODE OF CONDUCT

CLUB INSTRUCTORS

- Arrive to your class in plenty of time to set up, check the area and equipment.
- Dress in the appropriate, official uniform at all times.
- Always use appropriate language.
- Always behave in an appropriate manner.
- Make every effort to set a positive example.
- Inspect licence dates and take responsibility for ensuring your students are in date.
- Hold the appropriate valid qualifications, DBS and insurance cover at all times.
- Deal with all membership and other administration duties in a prompt and efficient manner.
- Make sure all activities are appropriate for the age, ability and experience of those taking part in the session.
- Take responsibility for the young people in your care until they have left the session.
- Treat all fellow members with respect and provide equal opportunities.
- Consider the well-being and safety of all students before the development of performance.
- Deliver feedback to students and parents in a consistent, fair, polite and accurate way.
- Develop an appropriate working relationship with the students, based on mutual trust and respect.
- Encourage members to value their progress and not just the results.
- Get prior agreement from parents or guardians of young members before transporting them anywhere such as training or competition.
- Adhere to the Safeguarding Policy at all times.
- Demonstrate positive leadership to all members.
- Practise absolute control of all demonstrations so not to cause injury.
- Conduct yourself with the dignity that your position demands.
- Continue your personal development as a martial artist by attending a minimum of 20 training sessions per year.
- Adhere in full to all guidelines and policies laid down by the Cobra Martial Arts Association.

Failure to adhere to this code of conduct could lead to disciplinary action and/or termination of club membership.

Signed..........Ian Gauldie (Senior Instructor C.A.UK.).....20/06/23.



CODE OF CONDUCT

CLUB MEMBERS

- Always arrive on time for classes and always wear appropriate uniform/correct clothing. Long hair tied up, no jewellery no chewing gum.
- Always be polite and never be rude to anybody. The use of inappropriate language or threatening/aggressive behaviour will not be tolerated.
- Respect fellow club members, competitors in competitions, coaching staff, volunteers and members of the public. Treat others how you wish to be treated yourself.
- Inform your coach before your training session starts of any injuries or if you're feeling unwell.
- If you're unable to make class for a significant time, contact your instructor and let them know.
- Treat all equipment with respect.
- Always show good sportsmanship, win with modesty and lose with dignity.
- Treat your training partner with respect at all times. All techniques and sparring should be with the utmost control at all times so as not to cause injury.
- Wear appropriate protection at all times.
- Co-operate with your club instructor, team mates and your opponent.
- Younger members must always remain with instructors to the end of the session until they are collected by a parent or guardian.
- Help your instructor and training partners move equipment safely.
- Where appropriate remember to bow to your training partner and instructors.
- Work hard on the mat and be proud to be a member of this club.
- Accept your instructor's decision in connection with gradings or competitions.
- Pay training fees on time and fully.
- Keep your club licence in date. (You are reminded that should your club licence expire for 12 months due to inactivity grades should not be worn and are subject to re-assessment.)
- Take responsibility for your personal possessions at the end of the session.

Failure to adhere to this code of conduct could lead to disciplinary action and/or termination of club membership.

Signed..........Ian Gauldie (Senior Instructor C.A.UK.) ...20/06/23



CODE OF CONDUCT

CLUB MEMBER PARENTS/VOLUNTEERS

- Always use appropriate language.
- Make sure your child is appropriately dressed and on time for the session.
- Keep the club informed if your child is unable to make his/her session for any significant period of time.
- Keep the club informed of your child's up-to-date contact details which should be recorded on your licence.
- Renew your child's licence in a timely fashion, and pay training fees on time and in full.
- Be aware that the C.M.A.A does not recommend that you leave children under the age of 12 without parental supervision in any of our classes.
- Encourage your children to participate in martial arts but do not force them.
- Encourage your child to learn the rules of the club and abide by them.
- Discourage challenging/arguing with club instructors and officials publicly.
- Accept the judgement of your club instructor (judgements of club instructors are open for discussion but ultimately the decisions must be respected. The senior instructor's decision is final).
- Show your appreciation to all club instructors, volunteers and helpers.
- Praise your child's efforts whether they win, lose or otherwise help them to recognise that slow progress is better than no progress!
- Never ridicule a child for making a mistake.
- Condemn the use of violence profound language in any form of abuse.
- Endeavour to establish good communication with the club instructors and the volunteers.
- Refrain from interrupting the class to speak to instructors. (Please see your club instructor before class or after class so it doesn't interrupt the session).
- Refrain from public disagreement of the club decisions. (Complaints should be made through the proper channels).

Failure to adhere to this code of conduct could lead to disciplinary action and/or termination of club membership.

Signed..........Ian Gaudie (Senior Instructor C.A.UK.)20/06/23

