

Brown/Tanto

Caution: You must perform all techniques with absolute control! Never attempt any technique that you or your training partner is unsure of.

Strike: Any/Various

1. Inside wrist.
2. Figure 4.
3. Outside to Spiral (Hyabusa).
4. 4 corner to prayer lock.
5. Elbow lock to disarm to dragon to leg triangle.
6. Cobra, reverse arm bar Leg lock.
7. Cobra, Irimi Nage (Entering throw, 'walk yer dog')
8. Disarm, Irish (leg).

