

DAY	VENUE	Adult/Junior	CLASS FOCUS	TIME	INSTRUCTOR	CONTACT
MONDAY	HOLLY SPRING SCHOOL, LILLY HILL ROAD, BRACKNELL RG12 2SW	A	Ju-Jitsu/General session	7.00 – 8.30pm	Andy Furnell	07783428240
MONDAY	HOLLY SPRING SCHOOL, LILLY HILL ROAD, BRACKNELL RG12 2SW	J	Ju-Jitsu/General session	7.00-8.00pm	Andy Furnell	07783428240
TUESDAY	MATHEW ARNOLD SCHOOL LEISURE CENTRE KINGSTON ROAD STAINES TW18 1PF	A	Ju-Jitsu/General session	8.30 – 10.00pm	Cliff Randall	07967 580395
TUESDAY	RESULTS HEALTH CLUB AT HARMANS WATER SCHOOL LEISURE CENTRE, OAREBOROUGH ROAD (access from Harmans Water Road)	A	KICKBOXING	8.10-9.10pm	Andy Furnell	07783428240
TUESDAY	THE BEACONSFIELD SCHOOL, (Sports Hall) WATTLETON RD, BEACONSFELD, BUCKS HP9 1SJ	A	Ju-Jitsu/General session	8.00-9.00pm	Andy Hart	07901 7709560
TUESDAY	BINFIELD PRIMARY SCHOOL – BENEFELD ROAD, BINFIELD	J	Ju-Jitsu/General session	6.30-7.30pm	Andy Furnell	07783428240
WEDNESDAY	THE CLEWER YOUTH & COMMUNITY CENTRE – PARSONAGE LANE, OFF DEDWORTH ROAD, WINDSOR.	J	Ju-Jitsu/General session	6.15 – 7.15pm	Dave Page	01344 311131
WEDNESDAY	THE CLEWER YOUTH & COMMUNITY CENTRE – PARSONAGE LANE, OFF DEDWORTH ROAD, WINDSOR.	A	Kickboxing sparring session	7.15 – 8.30pm	Ian Gaudie	01344 311131
WEDNESDAY	THE CLEWER YOUTH & COMMUNITY CENTRE – PARSONAGE LANE, OFF DEDWORTH ROAD, WINDSOR.	A	Master Class. Green belt grade and up only	8.30–9.45pm	Ian Gaudie	01344 311131
WEDNESDAY	WOOBURN SCOUT HALL, WATERY LANE, WOOBURN GREEN, BUCKS	J	Ju-Jitsu/General session	6.30-7.30pm	Pete Woodward	01494 448431
THURSDAY	LOUDWATER BOYS CLUB, BIRFIELD ROAD, LOUDWATER, BUCKS	A	Ju-Jitsu/General session	9.00 – 10.00pm	Andy Hart	07901 7709560
THURSDAY	MATHEW ARNOLD SCHOOL LEISURE CENTRE KINGSTON ROAD STAINES TW18 1PF	A	Kickboxing and pad work session	8.30-10.00pm	Cliff Randall	07967 580395
THURSDAY	UNITY MARTIAL ARTS ACADEMY- FARNHAM PARK PLAYING FIELDS, FARNHAM PARK BECONSFIELD ROAD, FARNHAM ROYAL, BUCKS SL2 3BP	J	Ju-Jitsu/General session	7.00-8.00pm	Mark Beel	07950604846
THURSDAY	WIDMER END VILLAGE HALL – WIDMER END	J	Ju-Jitsu/General session	7.15-8.15pm	Dave Lancaster	01494 713406

THURSDAY	WIDMER END VILLAGE HALL – WIDMER END	A	Ju-Jitsu/General session	8.15-9.15pm	Dave Lancaster	01494 713406
THURSDAY	THE MILESTONE CENTRE, MILESTONE WAY, NORTHBROOK ROAD, CAVERSHAM	J	Ju-Jitsu/General session	6.30-7.30pm	Sue Knowles	01344 311131
FRIDAY	THE CLEWER YOUTH & COMMUNITY CENTRE – PARSONAGE LANE, OFF DEDWORTH ROAD, WINDSOR.	J	Ju-Jitsu/General session	7.00-8.00pm	Alun Freeman	07764 676512
FRIDAY	THE CLEWER YOUTH & COMMUNITY CENTRE – PARSONAGE LANE, OFF DEDWORTH ROAD, WINDSOR.	A	Ju-Jitsu/General session	8.00-9.00pm	Alun Freeman	07764 676512
FRIDAY	RESULTS HEALTH CLUB AT HARMANS WATER SCHOOL LEISURE CENTRE, OAREBOROUGH ROAD (access from Harmans Water Road)	J	Ju-Jitsu/General session	6.30-7.30pm	Ian Gauldie	01344 311131
FRIDAY	RESULTS HEALTH CLUB AT HARMANS WATER SCHOOL LEISURE CENTRE, OAREBOROUGH ROAD (access from Harmans Water Road)	J	Ju-Jitsu/General session	7.30-8.30pm	Ian Gauldie	01344 311131
SATURDAY	MAGNET LEISURE CENTRE, MAIDENHEAD SL6 8AW	A	Ju-Jitsu/General session	11.30-1.00pm	Ian Gauldie	01344 311131
SUNDAY	WIDMER END VILLAGE HALL – WIDMER END	J+A	Ju-Jitsu/General session	10.00-11.00am	Dave Lancaster	01494 713406